



# 5K RACE & 1 MILE RUN/WALK @ 8am

## Saturday, Nov. 6th, 2021

Post Race Party at



**By** Robertsdale Rotary Club  
**Through** Robertsdale Rotary Foundation (501@3) entity  
**Benefit** ARC - Baldwin County  
**Where** LuLu's Gulf Shores, AL  
**When** Saturday November 6, 2021 at 8am  
 5K run/walk 1 Mile after 5K is completed  
**Fee** \$20 Postmarked by October 30, 2021  
 \$25 after October 30, 2021  
**Students (K-12)** \$15 prior to October 30, 2021  
**Pick-up** Friday Nov. 5, 2021 - 3pm to 6pm at LuLu's  
**Day of** 6:00am day-of registration and packet pick-up

### DIVISIONS and AWARDS

#### 5K RUN

**OVERALLS** 1st, 2nd, 3rd Male & 1st, 2nd, 3rd Female  
**MASTER** 40 + 1st Male & 1st Female  
**GRAND MASTER** 50 + 1st Male & 1st Female  
**SR. GRAND MASTER** 60 + 1st Male & 1st Female  
**AGE GROUPS** 5 deep Male & Female 0-9, 10-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75+

#### 5K RACE WALK

**OVERALLS** 1st, 2nd, 3rd Male & 1st, 2nd, 3rd Female  
**AGE GROUPS** 3 deep Male & Female 0-29, 30-39, 40-49, 50-59, 60 +

#### 1 MILE RUN

1st, 2nd, 3rd Male & Female  
*Participants must be registered in the event to be eligible for an award.  
 Participants are eligible for only one award per race.*

**Shirts** To all participants  
**Course** Paved, flat & certified  
**Splits** Called  
**Water** At the half way marker  
**Facilities** Available in LuLu's

**Door Prizes** will be by random drawing. (MUST BE PRESENT TO WIN)  
**For more information call** 251-979-2521 or 251-975-7363.  
 Race may be delayed by rain.

Register online at [www.Active.com](http://www.Active.com)

### SPECIAL THANKS TO:

LuLu's Gulf Shores • City of Gulf Shores • Gulf Shores Police Department



## HOT TROT 2021 REGISTRATION FORM Race # \_\_\_\_\_

**Make checks payable to:** Robertsdale Rotary Foundation  
**Mail to:** HOT TROT • P.O. Box 1133 • Robertsdale, AL 36567  
**Pre-registration:** \$20 postmarked by October 30, 2021  
**Student Registration:** \$15 postmarked by October 30, 2021  
**Registration after October 30, 2021 is \$25**  
*(Credit Cards will be accepted day of registration.)*  
**Mark your event**  5K Run  5K Walk  1 Mile Run  
 Pay a fee for each event in which you want to be competitive.  
 PLEASE PRINT  
 Name \_\_\_\_\_  
 Address \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
 Telephone ( \_\_\_\_\_ ) \_\_\_\_\_  
 Email \_\_\_\_\_  
 Age on race day \_\_\_\_\_ Sex \_\_\_\_\_  
 Emergency Name / Phone Number \_\_\_\_\_

**Shirt Preference:** Early Pre-Registration guarantees shirts preference is met  
**Tank**  Small  Medium  Large  X-Large  
**T-Shirt**  Youth  
**T-Shirt Adult**  Small  Medium  Large  X-Large  XX-Large

Waiver (must be signed by participant/guardian) I know that running a road race is potentially hazardous and may cause injury or death. I should not enter and run unless I am medically able and properly trained. By my/guardians signature, I certify that I am medically able to perform this event, properly trained and in good health. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including but not limited to the right of an official to deny or suspend my participation for any reason. I assume all risks associated with the event, including but not limited to falls, contact with other participants, weather effects, and road conditions. I understand that for my own protection, bicycles, baby joggers, skates, skateboards, blades, animals, headsets are not allowed in the race. Having read this waiver, I or my guardian on my behalf, waive and release LuLu's Gulf Shores, the Robertsdale Rotary Club, the Robertsdale Rotary Foundation, any city, county state and national government entity responsible for areas used, all sponsors and volunteers from all claims or liabilities. Further, I grant permission for the use of my name and image in any media record of the event. Having read and understanding the above, I enter LuLu's presents Doc's Hot Trot for ARC 2021.

\_\_\_\_\_  
 SIGNATURE/GUARDIAN DATE